

# PRECONFERENCE

## THURSDAY MAY 17

8:00 am - 9:00 am Registration      12:30 pm - 2:00 pm Lunch  
 9:15 am - 12:30 pm Intensive      2:00 pm - 4:30 pm Intensive

### FULL DAY INTENSIVES

#### 1) Johnella Bird • TALK THAT SINGS: EXTENDING THE NARRATIVE TRADITION

We can read about 'treatment approaches' for people suffering from 'post traumatic stress disorder', depression, anorexia, or anxiety states. However, our therapeutic conversations rarely reflect these descriptions. This practice based workshop outlines specific ways for therapists to orient therapeutic conversations towards finding people's resources, strengths and abilities while incorporating their struggles, disappointments and despair. The workshop addresses the question of how we can use other treatment approaches as guides, while we make discovery with people (clients).

*Johnella Bird is the co-director of the internationally renowned Family Therapy Centre in Auckland, New Zealand. Johnella is the author of 'The Heart's Narrative' (2000), 'Talk That Sings' (2004) and 'Constructing The Narrative In Super-vision' (2006).*

#### 2) Peter Fraenkel • THE WAYS OF ENGAGEMENT: COLLABORATIVE METHODS FOR BUILDING SUCCESSFUL COMMUNITY-BASED PROGRAMS FOR MULTI-STRESSED, POOR FAMILIES

Families struggling with poverty and social marginalization need to be engaged as experts who help to shape and evaluate any community based program. In this preconference workshop, you will learn the ten steps of the Collaborative Family Program Development (CFPD) model, used to build a successful, longstanding program for homeless families and domestic violence survivors in New York City, as well as a program to support first-generation Latina immigrants and their families. With videotape examples from these programs as illustrations, and several hands-on exercises, you will learn how to build a strong, supportive team with all members of the agency; how to make sure the program is culturally sensitive; how to design and conduct empowering and informative program development interviews with family members - and more!

*Peter Fraenkel is Director of The Center for Time, Work, and the Family at the Ackerman Institute for the Family; and Associate Professor, Clinical Psychology, The City College of the City University of New York in New York City.*

#### 3) Stephen Madigan • THE LANGUAGE OF OUR LIVES: THERAPEUTIC CONVERSATIONS WITH INTERNALIZED PROBLEM DIALOGUES

The workshop investigates the outside influences affecting our *internalized problem dialogues*. Stephen examines why it is so difficult to escape our insider chitchat, and discloses the content of this inner language common to most of us in North America. The workshop explains how problem dialogues belong to none of us in particular, and all of us collectively. Discussed are the internalized language tropes of depression, loss, self-doubt, less-than-worthiness, anxieties, couple conflict, etc. The power, politic, and *secret codes* of internalized problem communications are uncovered through post-structural and narrative theory and live therapy demonstrations.

*Stephen Madigan is the director of training at Yaletown Family Therapy in Vancouver and the Toronto Narrative Therapy Project. In June 2007, the American Family Therapy Academy will honour Stephen with their Distinguished Award for Innovative Practice in Family Therapy Theory and Practice. Stephen was born and raised in Scarborough, Ontario.*

# TIMETABLE

## THURSDAY MAY 17<sup>TH</sup>

### PRECONFERENCE - FULL DAY INTENSIVES

8:00 am - 9:00 am REGISTRATION  
 9:15 am - 12:30 pm INTENSIVE  
 12:30 pm - 2:00 pm Lunch  
 2:00 pm - 4:30 pm INTENSIVE

## FRIDAY MAY 18<sup>TH</sup> & SATURDAY MAY 19<sup>TH</sup>

7:45 am - 8:45 am REGISTRATION  
 9:00 am - 10:00 am Plenary Address  
 10:15 am - 12:30 pm Workshops  
 12:30 pm - 2:00 pm Lunch  
 2:00 pm - 4:00 pm Workshops  
 4:15 pm - 5:15 pm History of Change Interview

# FEES

REGISTERING FOR	MAY 17 PRECONFERENCE ONLY
(CDN\$)	\$200
(INTL)	\$185

### Ridiculously Low Early Rate\* Until Feb. 10/07 COMPLETE PACKAGE - \$275

REGISTERING FOR	MAY 18&19	COMPLETE • MAY 17-19
Early (CDN\$)	\$250	\$345
Early (INTL\$)	\$235	\$330
Regular (CDN\$)	\$300	\$400
Regular (INTL\$)	\$285	\$375
Group (CDN\$)	\$200	\$290
Group (INTL\$)	\$185	\$275

- EARLY registration must be postdated by April 15<sup>th</sup>, 2007
- GROUP (6 or more persons – MUST register together).
- STUDENTS receive the group rate. Please provide student ID with registration
- REFUND POLICY: a \$75. Administration fee will be charged until April 15<sup>th</sup>. No refund after April 15<sup>th</sup>.

\* WE SUPPORT BIG AGENCIES - BIG AGENCY DISCOUNTS AVAILABLE.

# REGISTRATION

Pay online at [www.therapeuticconversations.com](http://www.therapeuticconversations.com) OR [www.yaletownfamilytherapy.com](http://www.yaletownfamilytherapy.com)

Pay by VISA, cheque, cash or money order payable to:

Therapeutic Conversations  
 56 Roxborough St West, Toronto, ON M5R 1T8  
[torontonarrative@hotmail.com](mailto:torontonarrative@hotmail.com)  
 or fax this form to 416-203-9768

Total CONFERENCE Payment: \$ \_\_\_\_\_

#### Payment type:

VISA     Cheque     Cash     Money Order

VISA

Expiry date \_\_\_\_/\_\_\_\_

Signature \_\_\_\_\_

Name on card \_\_\_\_\_

Name: \_\_\_\_\_

Organization: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_

Province: \_\_\_\_\_ Zip/Postal Code: \_\_\_\_\_

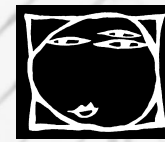
Phone: \_\_\_\_\_

Email: \_\_\_\_\_

CONFERENCE QUESTIONS: Mariana Sussi • Ph/Fx 416-203-9768  
[therapeuticconversations@gmail.com](mailto:therapeuticconversations@gmail.com)

REGISTRATION QUESTIONS: Kate Lum • Ph/Fx 416-944-9142  
[torontonarrative@hotmail.com](mailto:torontonarrative@hotmail.com)

EARLY REGISTRATION DATE: POST-MARKED APRIL 15, 2007



The Toronto Narrative Therapy Project and  
[www.yaletownfamilytherapy.com](http://www.yaletownfamilytherapy.com) presents

# Therapeutic CONVERSATIONS ∞

MAY 17-19, 2007  
 TORONTO, CANADA  
 The University of Toronto  
 (St. Mike's College)

Please Post

HOVERING on the  
 BORDER LINES  
 of SPEECH

CONFERENCE QUESTIONS: Mariana Sussi • Ph/Fx 416-203-9768 • [therapeuticconversations@gmail.com](mailto:therapeuticconversations@gmail.com)

REGISTRATION QUESTIONS: Kate Lum • Ph/Fx 416-944-9142 • [torontonarrative@hotmail.com](mailto:torontonarrative@hotmail.com)

Photo courtesy of Karen Jamieson Dance Company

# SCHEDULE

## FRIDAY, MAY 18

7:45 am - 8:45 am REGISTRATION	12:30 pm - 2:00 pm Lunch
9:00 am - 10:00 am Plenary	2:00 pm - 4:00 pm Workshops
10:15 am - 12:30 pm Workshops	4:15 pm - 5:15 pm History of Change Interview

### PLENARY ADDRESS • 9:00 am - 10:00 am

#### Esther Perel • MATING IN CAPTIVITY: IN SEARCH OF EROTIC INTELLIGENCE

The keynote examines the cultural pressures that shape domesticated sex, and the puzzling inverse correlation between greater emotional intimacy and the loss of sexual desire.

*Esther Perel is the author of the widely acclaimed book "Mating in Captivity: Couples and Eroticism" (2006) - published by Harper Collins in North America and translated into eight languages.*

### WORKSHOPS • 10:15 am - 4:00 pm

#### 4) Bill Madsen • COLLABORATIVE THERAPY WITH MULTI-STRESSED FAMILIES

Examine a strength-based, collaborative approach to engaging difficult families by helping them envision desired lives, address long-standing problems, and develop more proactive coping strategies. The workshop offers participants a chance to examine their own therapeutic maps, highlights strength-based questions, and offers specific directions on working with the broader cultural and philosophical contexts in which multi-stressed families find themselves.

Respondent- Paul Gallant

*Bill Madsen is the author of the newly revised book Collaborative Work with Multi-stressed Families (2007) and the director of the Program in Narrative Therapy at the Family Institute of Cambridge.*

#### 5) Ali Borden • COLLABORATIVE CONVERSATIONS IN MEDICAL-MODEL SETTINGS: SCENES FROM IN-PATIENT TREATMENT OF ANOREXIA & BULIMIA

The workshop will discuss specific work/examples that demonstrate options for how to be collaborative in challenging settings and with challenging problems. The workshop explores how to: 1) Illuminate and take apart pre-established ideas of anorexia/bulimia and recovery. 2) Interrupt 'restrictive' ideas of a person's identity and the problem itself.

3) Offer an audience to people's initiatives and stories. 4) Hold onto concerns about physical health \*and\* sustain personal agency.

Respondent – Stephen Madigan

*Ali Borden is the Clinical Director of The Eating Disorder Center of California and co-author of the book, "Biting the Hand That Starves You" (2005).*

#### 6) Eduardo Villar • THERAPEUTIC CONVERSATIONS IN CONTEXTS OF TRAUMA AND POLITICAL VIOLENCE

The workshop focus is on therapy and interventions with victims, families and communities subjected to sociopolitical violence. The workshop offers a contextual understanding about Columbia's 50 year war, the five groups involved, and how the people survive daily life. Eduardo outlines how this warring context influences his work with various populations and problems including kidnapping, displacement, and violence. This workshop 'wowed' everyone at TC6 in Vancouver.

Respondent – Art Fisher

*Eduardo Villar is an MD and psychotherapist practicing in Bogotá, Columbia. His work with people experiencing trauma and political violence, and his therapy with families whose members have been kidnapped is known and respected worldwide.*

#### 7) David Nylund & Julie Tilsen • ONE STOP QUEER SHOP

Often, therapists find that being a "good ally" (or, being GLBTQ themselves) is not always enough to help their queer clients out of the quagmires that life in a straight world can create. Discussed is the productive investigation of our own initiation into dominant ideas about sex and gender, conceptual foundations that are just and ethical, and clinical skills that are responsive to client preferences. Self-reflection, theory, and application will be combined as we examine our work with queer clients from a social justice and critical multicultural framework.

Respondent – Esther Perel

*Julie Tilsen is a therapist, consultant, and trainer in Minneapolis.*

*David Nylund is an Associate professor of Social Work at California State University, Sacramento.*

### HISTORY OF CHANGE INTERVIEW 4:15 pm - 5:15 pm

#### Makungu M. Akinyela is interviewed by Stephen Madigan

#### RESCUING AND RECONSTRUCTING OUR LIVES: IDEAS ON HISTORY, HEALING AND CULTURE

The interview will focus on the intersection of Eurocentric and Indigenous cultures in the Post-modern/Post-colonial age. We explore what therapists of Indigenous and European heritage might learn from the past 500 years of history that could help us heal ourselves, our communities and the world.

*Makungu M. Akinyela, is the developer of Testimony Therapy, an African centered discursive family therapy, and an Associate Professor in the Department of African American Studies at Georgia State University, in Atlanta.*

## SATURDAY, MAY 19

7:45 am - 8:45 am REGISTRATION	12:30 pm - 2:00 pm Lunch
9:00 am - 10:00 am Plenary	2:00 pm - 4:00 pm Workshops
10:15 am - 12:30 pm Workshops	4:15 pm - 5:15 pm History of Change Interview

### PLENARY ADDRESS • 9:00 am - 10:00 am

#### Johnella Bird • CREATING STORYLINES IN THE HERE AND NOW

It's easy to talk about living in the present moment. However it is challenging to find the practices that allow us to experientially inhabit the present moment. In this plenary Johnella will discuss and demonstrate the method she uses to identify and research the 'present moment experience' and how finding language for these experiences creates storylines that have the potential to transform us.

*Johnella Bird hails from Auckland New Zealand and facilitates teaching programs for mental health practitioners, throughout Europe, Canada, the United States, Australia and New Zealand.*

### SATURDAY, MAY 19TH • WORKSHOPS • 10:15 am - 4:00 pm

#### 8) Paul Gallant • IMAGINATION AND METAPHOR IN NARRATIVE PRACTICE WITH CHILDREN AND YOUNG ADULTS

This workshop will present the artful, playful and respectful use of metaphor ('growing up vs. growing down', 'applying one's strength') and other problem-undermining strategies and skills. A practical map for engaging in therapeutic conversations with children, adolescents and young adults will be offered.

Respondent – Ali Borden

*Paul Gallant is Director of the Narrative Institute - Maitland, Florida and Associate Professor and Clinic Coordinator, Counseling Department, Barry University in Orlando, Florida.*

#### 9) Art Fisher • EXTENDING A VISUAL NARRATIVE THERAPY AND COMMUNITY WORK RESPONSE TO FAMILY VIOLENCE IN A RURAL REGION

Art will use the walls of the workshop room as a political surface where the maps of narrative practice can be transparently engaged. The workshop explores movement from 'the known and familiar' to 'the possible to know' in response to family violence and narrative therapy itself. The workshop builds on the skills of participants through live interviews of workshop participants, outsider witnessing, and videotape.

Respondent – Bill Madsen

*Art Fisher grew up in rural Nova Scotia, Canada, and coordinates a narrative therapy and community work response to family violence for western Nova Scotia. His background includes community work, gay activism, and anti-oppression - he has conducted workshops in the USA, Canada, Mexico, Ireland, UK, Denmark, Hong Kong, New Zealand and Australia.*

#### 10) Makungu Akinyela • ONCE HE'S THERE: AFRICAN AMERICAN MEN IN COUPLE THERAPY

The workshop challenges the notion that African Americans in general, and African American men in particular, are resistant to therapy. The workshop will focus on African American couples, and explore the social, cultural and political barriers that have contributed historically to the perceived reluctance of African Americans to voluntarily participate in therapy.

Respondents – Julie Tilsen & Eduardo Villar

*Makungu M. Akinyela developed Testimony Therapy as an African centered discursive family therapy. He is Associate Professor in the Department of African American Studies at Georgia State University, in Atlanta, Georgia.*

#### 11) Esther Perel • WHEN THREE THREATENS TWO: SEX AND PARENTHOOD

Researchers now know that marital satisfaction declines dramatically after the birth of the first child. This workshop will teach participants how to help couples predict and negotiate this tricky familial shift without abandoning eroticism. You'll learn how to challenge the North American cultural stereotype of desexualized motherhood and help couples create a time and space for sex despite the presence of children.

Respondent – David Nylund

*Esther Perel is the author of the widely acclaimed book "Mating in Captivity: Couples and Eroticism" - published by Harper Collins and translated into eight languages. She maintains a private practice in Manhattan.*

### HISTORY OF CHANGE INTERVIEW 4:15 pm - 5:15 pm QUEER SPACE

#### Julie Tilsen & Dave Nylund are interviewed by Stephen Madigan

This interview is a gift from Queer Theory. The interview conversationally creates a Queer Space in which the interface of Queer Theory and Narrative Therapy will be explored. Queer Theory has blown the boundaries of identity construction and this conversation could create sites of possibility for new and liberatory ways of knowing the self and others.

## REGISTRATION

### Please indicate the package selected:

1 Day Intensive - May 17

2 Day – May 18 & 19

Complete - May 17-19

**PLEASE NOTE:** Participants will be able to attend one selected workshop each day. Workshop enrollment is limited and offered on a first come first reserve basis. If full, you will be placed into another workshop. Register through our secure web site at

[www.therapeuticconversations.com](http://www.therapeuticconversations.com) OR [www.yaletowntherapy.com](http://www.yaletowntherapy.com)

### May 17<sup>TH</sup> PRE-CONFERENCE:

**May 17<sup>TH</sup>:** Check preferred Intensive workshop #1  #2  #3

### May 18<sup>TH</sup> & 19<sup>TH</sup> CONFERENCE:

#### WORKSHOPS

**May 18<sup>TH</sup>:** Check preferred workshop #4  #5  #6  #7

**May 19<sup>TH</sup>:** Check preferred workshop #8  #9  #10  #11

Please note: Plenaries and the History of Change Interviews are open to all paid May 18<sup>th</sup> & 19<sup>th</sup> and complete package conference participants only.

## TC Noise

### ENTERTAINMENT

All World Benefit Party - \$15.00

Profits from Therapeutic Conversations Party supports Sheena's Place and other local charities.

**DVD'S AND AUDIO TAPES** – the most complete archive of narrative, brief and social justice DVD's and audio files (1993-2007) can be found on [www.yaletownfamilytherapy.com](http://www.yaletownfamilytherapy.com). DVD discounts for registered participants.

### SCHOLARSHIP

Yes, I have the desire to support the access/scholarship fund.

Please find \$ \_\_\_\_\_ enclosed.

**Total CONFERENCE Payment: \$ \_\_\_\_\_**